

Dear Mama,

This message is for you - yes you! The momma who is walking in my shoes daily, sharing the same fears, hopes, and accomplishments for their child. The one who doubles as the best friend, fierce advocate, teacher, occupational therapist, speech-language pathologist, masterful meltdown avoided, and more.

The one who forces a smile when hearing of the milestones that other kids their age are hitting, while deeply yearning for the day when yours to do the same. The one who is the best possible expert on what her child needs. The one who worries that law enforcement will see her child as a threat before seeing them as a person in crisis.

The one who has completely cut off friends and family who choose ignorance over knowledge when it comes to your child's special needs. The one who asks all of the right questions (and then some). The one who is always there. The one who asks "ME time! What's THAT?"

The one who remains stoic on the outside yet cries in the shower when all alone. The one who stays up into the wee hours of the morning, worrying "Who will care for my child when I am no longer here?"

The one who has multiple children, including siblings who sometimes feel neglected. The one who hoards all of the necessary foods that your child requests every day. The one who fights each and every day so their child can have simple pleasures - like equal opportunities...acceptance...a voice.

And lastly, the one who has not yet heard her child say "I love you, Mommy - Happy Mother's Day!"

Mama, this message is for YOU. I am YOU.

MAMA, YOU ARE DOPE, DYNAMIC, AND UNWAVERING.

YOU GOT THIS!

♡♡♡
Dekeda

