

# Dear Mama,

I am proud of you. You are amazing. As a mom that battled breast cancer, you embraced this journey with grace, strength, and faith. On the good and the challenging days, you surrendered to the unknown and faced the unexpected head-on. You taught your children how to grow through the pain by never giving up.

Even though you might feel like you lost a lot, think about all you've gained---Your voice, determination to live your best life daily, a deeper bond with your children, and life itself.

Your positivity radiates. Your smile gives hope.

You didn't let the doubters stop you, and you trusted your intuition to ensure you advocated for your best care. Life after treatment is still an emotional rollercoaster, so remember to take it one day at a time. Find the magical moment in each day. Be present. Celebrate your wins. Love yourself. Cherish every minute.



Niya

