

Dear Mama,

Please remember you are doing the best that you can, even when you feel like your best isn't enough. You wear so many hats! You put in 100% at your job, you're a great partner, you run your own business, and you are doing the work to be the best version of you (which looks different every day & that's okay). Most importantly, you are nurturing whole HUMAN SOUL(S) with no instruction book.

WOW, YOU ARE DOING IT, GIRL, because that's a lot of responsibility! It's understandable that some days are going to be tougher than others, especially as you take on more to accomplish all of the dreams God has placed in your heart! Remember, you won't always get it 100% right, BUT YOU GOT THIS & you are enough.

Truthfully, I think that motherhood is a beautiful & terrifying experience simply because so much of this life is out of our control. Continue to build your child(ren) with encouragement, speak life into all that they do, listen to their needs, discipline them when necessary, nurture their strengths, acknowledge their weaknesses, and try to instill the life lessons in them that you didn't get.

For me, I wish I would have known earlier in life the importance of not quitting despite being told no. I was very interested in trying new things, but when I was told no or didn't make a sports team, that was it I wasn't trying again. I will encourage my children to continue to dust themselves off and try again because you never know where the right yes can lead you! Sometimes you have to try multiple times before you accomplish your goals. One no DOES NOT STOP THE SHOW!

Be present for the joy-filled moments no matter how big or small they are because this time goes by SO FAST! Give yourself and your child GRACE & trust that everything will work out for the best! Mama, you are SMART, BEAUTIFUL & RESILIENT. And I can't say this enough you got this!


Vecoya

